



# June 15th - June 30th, 2021



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY			
6:00 - 6:45 am BOXFIT®		Private Training		6:00 - 6:45 am BOXFIT®		Private Training		6:00 - 6:45 am BOXFIT®		Private Training		Private Training			
Private Training				9:30 - 10:15 am BOXFIT®				9:30 - 10:15 am BOXFIT®		Private Training				8:00 - 8:45 am BOXFIT®	
				Private Training				Private Training		Private Training				9:00 - 9:45 am LITTLE CHAMPS® (All levels) LITTLE BOXERS® (All levels)	
										Private Training				10:00 - 10:45 am BOXTECH® (All levels)	
3:30 - 4:00 pm LITTLE CHAMPS® (All levels)		3:30 - 4:00 pm LITTLE CHAMPS® (All levels)		3:30 - 4:00 pm LITTLE CHAMPS® (All levels)		Private Training		11:00 - 11:45 am BOXTECH® Youth (All levels)		11:00 - 11:45 am BOXTECH® Youth (All levels)					
4:00 - 4:45 pm BOXTECH® Youth (All levels)	4:00 - 4:45 pm LITTLE BOXERS® (All levels)	4:00 - 4:45 pm BOXTECH® Youth (All levels)	4:00 - 4:45 pm LITTLE BOXERS® (All levels)	4:00 - 4:45 pm BOXTECH® Youth (All levels)	4:00 - 4:45 pm LITTLE BOXERS® (All levels)	4:00 - 4:45 pm BOXTECH® Youth (All levels)	4:00 - 4:45 pm LITTLE BOXERS® (All levels)	4:00 - 4:45 pm BOXFIT®		<b>GRIFFINS BOXING &amp; FITNESS</b> 326 E. Esplanade Ave North Vancouver, BC V7L 1A4 604-980-1900 <a href="http://www.griffinsboxing.com">www.griffinsboxing.com</a>					
5:00 - 5:45 pm BOXFIT®		5:00 - 5:45 pm BOXFIT® Youth (All levels)	5:00 - 5:45 pm BOXTECH® Youth (All levels)	5:00 - 5:45 pm BOXFIT®		5:00 - 5:45 pm BOXFIT® Youth (All levels)	5:00 - 5:45 pm BOXTECH® Youth (All levels)	5:00 - 5:45 pm BOXTECH® Youth (All levels)							
6:00 - 6:45 pm BOXTECH® (All levels)	6:00 - 7:30 pm AMATEUR Team (Red/Black)	6:00 - 6:45 pm BOXFIT®		6:00 - 6:45 pm BOXTECH® (All levels)	6:00 - 7:30 pm AMATEUR Team (Red/Black)	6:00 - 6:45 pm BOXFIT®		6:00 - 6:45 pm BOXTECH® (All levels)	6:00 - 7:30 pm AMATEUR Team (Red/Black)						
6:45 - 7:30 pm BOXTECH® (Blue+ Sparring)		7:00 - 7:45 pm BOXTECH® (All levels)		Private Training		7:00 - 7:45 pm BOXTECH® (All levels)		Private Training							